

**14B NCAC 10 .0803      HANDWRAPS - MIXED MARTIAL ARTS**

- (a) In all weight classes except light heavyweight, cruiserweight and heavyweight, all bandages and handwraps applied to each hand of a mixed martial arts contestant shall be restricted to soft cloth, not more than 10 yards in length and two inches in width, held in place by not more than four feet of surgical tape.
- (b) In the light heavyweight, cruiserweight and heavyweight weight classes, all bandages and handwraps applied to the hand of a contestant shall be restricted to soft cloth, not more than 12 yards in length and two inches in width, held in place by not more than eight feet of surgical tape.
- (c) The use of six inches of surgical tape, not more than one inch in with, shall be permitted across the back of the hand before bandaging or wrapping the hands, provided however, that the tape shall not be applied across the knuckles.
- (d) The bandages shall be evenly distributed across the hand.
- (e) Bandages and tapes shall be placed on contestant's hands in the dressing room and must be inspected by the inspector or Division representative.
- (f) The manager or chief second of the opponent may elect to be present when hands are being wrapped.
- (g) Gloves shall not be placed on the hands of a contestant until checked by the inspector or Division representative.

*History Note:      Authority G.S. 143-652.1;  
                          Eff. March 1, 2008;  
                          Transferred from 14A NCAC 12 .0803 Eff. June 1, 2013;  
                          Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9,  
                          2018.*